



Waltham Forest Swimming Club, NON County Qualifier
Waltham Forest Pool and Track
Saturday 7th & Sunday 8th April 2012
Girls – Proposed Swimmers & Races

| Swimmer Boys | Session 1&2 | Session 3 | Session 4&5 | Session 6 |
|-----------------|-----------------------------------|------------------------------|-----------------------------|-----------------------|
| KAYLYNN AMOS | 400FR, 200IM, 50FR, 100BK, 200FLY | 200BRST, 50FLY, 100FR, 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 50BRST, 100FLY |
| MAISIE BATES | 400FR, 200IM, 50FR, 100BK, 200FLY | 200BRST, 50FLY, 100FR, 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 50BRST, 100FLY |
| BEAU BLISS | 400FR, 200IM, 50FR, 200FLY | 200BRST, 50FLY, 100IM | 400IM, 200FR, 50BK | 50BRST |
| FRANCESCA BOON | 400FR, 200IM, 50FR, 200FLY | 50FLY | 400IM, 200FR, 50BK | 200BK, 50BRST |
| JADE BRAYBROOKE | 400FR, 200IM, 50FR, 200FLY | 200BRST, 50FLY, 100IM | 400IM, 200FR, 50BK | 200BK, 50BRST |
| CHLOE BREWSTER | 400FR, 200IM, 50FR, 100BK, 200FLY | 200BRST, 50FLY, 100FR, 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 50BRST, 100FLY |
| EMMA CARTER | 400FR, 200IM, 50FR, 100BK, 200FLY | 200BRST, 50FLY, 100FR, 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 50BRST, 100FLY |
| MARY CARTER | 400FR, 200IM, 50FR, 200FLY | 200BRST, 50FLY, 100IM | 400IM, 200FR, 50BK | 200BK, 50BRST |
| LEXI CHISWELL | 400FR, 200IM, 50FR, 200FLY | 200BRST, 50FLY, 100IM | 400IM, 200FR, 50BK | 200BK, 50BRST |
| TILLY COHEN | 400FR, 200IM, 50FR, 200FLY | 200BRST, 50FLY, 100IM | 400IM, 200FR, 50BK | 200BK, 50BRST |
| GABBY CONNELL | 400FR, 200IM, 100BK, 200FLY | 200BRST, 50FLY 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 100FLY |
| ALICE COURT | 400FR, 200IM, 50FR, 200FLY | 200BRST, 50FLY | 400IM, 200FR, 50BK | 50BRST |
| BRIANNA CUMMINS | 400FR, 200IM, 50FR, 100BK, 200FLY | 200BRST, 50FLY, 100FR, 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 50BRST, 100FLY |
| DAISY DAY-NOLAN | 400FR, 200IM, 50FR, 100BK, 200FLY | 200BRST, 50FLY, 100FR, 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 50BRST, 100FLY |
| AMY DOYLE | 400FR, 200IM, 50FR, 100BK, 200FLY | 200BRST, 50FLY, 100FR, 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 50BRST, 100FLY |
| PHILLIPA GILL | 400FR, 200IM, 50FR, 100BK, 200FLY | 200BRST, 50FLY, 100FR, 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 50BRST, 100FLY |
| ELEANOR GOULDIE | 400FR, 200IM, 50FR, 200FLY | 200BRST, 50FLY, 100IM | 400IM, 200FR, 50BK | 200BK, 50BRST |
| OLIVIA GREY | 400FR, 200IM, 50FR, 100BK, 200FLY | 200BRST, 50FLY, 100FR, 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 50BRST, 100FLY |

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| RIANNA GREY | 400FR, 200IM, 50FR, 100BK, 200FLY | 200BRST, 50FLY, 100FR, 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 50BRST, 100FLY |
| DEJA HAMPTON-ZABOTTI | 400FR, 200IM, 50FR, 200FLY | 200BRST, 50FLY, 100IM | 400IM, 200FR, 50BK | 200BK, 50BRST |
| ISABELLE HAMPTON-ZABOTTI | 400FR, 200IM, 50FR, 200FLY | 200BRST, 50FLY, 100IM | 400IM, 200FR, 50BK | 200BK, 50BRST |
| RIANNA JARY | 400FR, 200IM, 200FLY | 200BRST, 50FLY, 100IM | 400IM, 200FR, 50BK | 200BK, 50BRST |
| ZOE KEARNS | 400FR, 100BK | 200BRST, 100FR, 100IM | 200FR 50BK 100BRST | 200BK, 50BRST |
| KAYLYNN MAHER | 400FR, 200IM, 50FR, 100BK, 200FLY | 200BRST, 50FLY, 100FR, 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 50BRST, 100FLY |
| EMMA MCMILLIAN | 400FR, 200IM, 50FR, 100BK, 200FLY | 200BRST, 50FLY, 100FR, 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 50BRST, 100FLY |
| ELLIE MILLER | 400FR, 200IM, 50FR, 100BK, 200FLY | 200BRST, 50FLY, 100FR, 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 50BRST, 100FLY |
| FRANCES PETERSON | 400FR, 200IM, 100BK, 200FLY | 200BRST, 100FR, 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 50BRST, 100FLY |
| GEORGIA ROBINSON | 400FR, 200IM, 50FR, 100BK, 200FLY | 200BRST, 50FLY, 100FR, 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 50BRST, 100FLY |
| EMMA SANDBERG | 400FR, 200IM, 50FR, 100BK, 200FLY | 200BRST, 50FLY, 100FR, 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 50BRST, 100FLY |
| SHEILA STEIN | 400FR, 200IM, 50FR, 100BK, 200FLY | 200BRST, 50FLY, 100FR, 100IM | 400IM, 200FR, 50BK, 100BRST | 200BK, 50BRST, 100FLY |
| FRANCESCA WHYMAN | 400FR, 200IM, 200FLY | 200BRST, 50FLY, 100IM | 400IM, 50BK | 200BK, 50BRST |

- COST - £4.50 PER RACE PLUS £4.50 COACHES SUPPLEMENT
- 400M SWIMS ARE CHARGED AT £5.00 PER RACE

- SESSION 1 – WARM UP 08:00 / START 08:30 (400m Swims Only)
- SESSION 2 – WARM UP 10:30 / START 11:15
- SESSION 3 – WARM UP 14:30 / START 15:15
- SESSION 4 – WARM UP 08:00 / START 08:30 (400m Swims Only)
- SESSION 5 – WARM UP 10:30 / START 11:15
- SESSION 6 – WARM UP 14:30 / START 15:15

- **THE CLOSING DATE IS MONDAY 20th FEBRUARY 2012. THIS WILL BE THE LAST DAY FOR CASH/CHEQUE PAYMENTS**
- **NO LATE ENTRIES WILL BE ACCEPTED**
- **IF YOU ARE UNABLE TO COMPETE THEN YOU MUST TELL BOTH YOUR COACH AND THE COMPETITION SECRETARY ASAP**
- **WE WILL ONLY ENTER SWIMMERS IF ALL FEES ARE UP TO DATE**