



Waltham Forest Swimming Club, NON County Qualifier
Waltham Forest Pool and Track
Saturday 7th & Sunday 8th April 2012
Boys – Proposed Swimmers & Races

| Swimmer Boys | Session 1&2 | Session 3 | Session 4&5 | Session 6 |
|----------------------|---------------------------|-----------------------|-------------------------------------|------------------------------|
| Jonathan Akerman | 400IM, 200IM, 100BK | 200BRST, 50FLY, 100FR | 400FR, 200FR, 50BK, 100BRST, 200FLY | 200BK, 50BRST, 100FLY, 100IM |
| Frankie Austin | 400IM, 200IM, 50FR | 200BRST, 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK, 50BRST, 100IM |
| Michael A-Stephenson | 400IM, 200IM, 50FR | 200BRST, 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK, 50BRST, 100IM |
| David Bennett | 400IM, 200IM, 100BK | 200BRST, 50FLY, 100FR | 400FR, 200FR, 50BK, 100BRST, 200FLY | 200BK 100FLY 100IM |
| Luke Bishop | 400IM, 200IM, 50FR | 200BRST, 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK 50BRST |
| Joseph Brereton | 400IM, 200IM, 50FR | 200BRST, 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK, 50BRST, 100IM |
| Riess Burgess | 400IM, 200IM, 50FR | 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK 50BRST 100IM |
| Rosnan Cheung | 400IM, 200IM, 50FR | 200BRST, 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK, 50BRST, 100IM |
| Conor Deasy | 400IM, 200IM, 50FR, 100BK | 200BRST, 50FLY, 100FR | 400FR, 200FR, 50BK, 100BRST, 200FLY | 200BK, 50BRST, 100FLY, 100IM |
| Matthew Edwards | 400IM, 200IM, 50FR | 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK , 100IM |
| Calvin Gowers | 400IM, 200IM, 50FR | 200BRST, 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK, 50BRST, 100IM |
| Nathan Grey | 400IM, 200IM, 50FR, 100BK | 200BRST, 50FLY, 100FR | 400FR, 200FR, 50BK, 100BRST, 200FLY | 200BK, 50BRST, 100FLY, 100IM |
| Haashim Hameed | 400IM, 200IM, 50FR | 200BRST, 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK, 50BRST, 100IM |
| Alfie Harvey | 400IM, 200IM, 50FR | 200BRST, 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK, 50BRST, 100IM |
| Charlie Hill | 400IM, 200IM | 50FLY | 50BK 200FLY | 200BK, 50BRST |
| James Hill | 400IM, 200IM, 50FR, 100BK | 200BRST, 50FLY, 100FR | 400FR, 200FR, 50BK, 100BRST, 200FLY | 200BK, 50BRST, 100FLY, 100IM |
| Liam Kelly | 400IM, 200IM, 50FR | 200BRST, 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK, 50BRST, 100IM |
| Theo Libman | 400IM, 200IM, 50FR | 200BRST 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK, 50BRST, 100IM |

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|----------------|---------------------------|-----------------------|-------------------------------------|------------------------------|
| Sam Little | 400IM, 200IM, 50FR | 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK, 100IM |
| Sammy Marshall | 400IM, 200IM, 50FR, 100BK | 200BRST, 50FLY, 100FR | 400FR, 200FR, 50BK, 100BRST, 200FLY | 200BK, 50BRST, 100FLY, 100IM |
| Oscar Martin | 400IM, 200IM | 200BRST, 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK 50BRST 100IM |
| Bradley Palmer | 400IM, 200IM, 50FR, 100BK | 200BRST, 50FLY, 100FR | 400FR, 200FR, 50BK, 100BRST, 200FLY | 200BK, 50BRST, 100FLY, 100IM |
| Charlie Rouse | 400IM, 200IM | 200BRST, 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK, 50BRST, 100IM |
| Zak Saggars | 400IM, 200IM, 50FR | 200BRST, 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK, 50BRST, 100IM |
| Daniel Sida | 400IM, 200IM | 200BRST, 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK, 50BRST, 100IM |
| Joshua Totman | 400IM, 200IM, 50FR, 100BK | 200BRST, 50FLY, 100FR | 400FR, 200FR, 50BK, 100BRST, 200FLY | 200BK, 50BRST, 100FLY, 100IM |
| Oliver Totman | 400IM, 200IM, 50FR, 100BK | 200BRST, 50FLY, 100FR | 400FR, 200FR, 50BK, 100BRST, 200FLY | 200BK, 50BRST, 100FLY, 100IM |
| Harry Whyman | 400IM, 200IM, 50FR, 100BK | 200BRST, 50FLY, 100FR | 400FR, 200FR, 50BK, 100BRST, 200FLY | 200BK, 50BRST, 100FLY, 100IM |
| Billy Wilson | 400IM, 200IM, 50FR, 100BK | 200BRST, 50FLY, 100FR | 400FR, 200FR, 50BK, 100BRST, 200FLY | 200BK, 50BRST, 100FLY, 100IM |
| Oliver Wilson | 400IM, 200IM, 50FR | 200BRST, 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK, 50BRST, 100IM |
| Toby Wright | 400IM, 200IM, 50FR | 200BRST, 50FLY | 400FR, 200FR, 50BK, 200FLY | 200BK, 50BRST, 100IM |

- COST - £4.50 PER RACE PLUS £4.50 COACHES SUPPLEMENT
- 400M SWIMS ARE CHARGED AT £5.00 PER RACE

- SESSION 1 – WARM UP 08:00 / START 08:30 (400m Swims Only)
- SESSION 2 – WARM UP 10:30 / START 11:15
- SESSION 3 – WARM UP 14:30 / START 15:15
- SESSION 4 – WARM UP 08:00 / START 08:30 (400m Swims Only)
- SESSION 5 – WARM UP 10:30 / START 11:15
- SESSION 6 – WARM UP 14:30 / START 15:15

- **THE CLOSING DATE IS MONDAY 20th FEBRUARY 2012. THIS WILL BE THE LAST DAY FOR CASH/CHEQUE PAYMENTS**
- **NO LATE ENTRIES WILL BE ACCEPTED**
- **IF YOU ARE UNABLE TO COMPETE THEN YOU MUST TELL BOTH YOUR COACH AND THE COMPETITION SECRETARY ASAP**
- **WE WILL ONLY ENTER SWIMMERS IF ALL FEES ARE UP TO DATE**