



The Killerwhales Swim Club of Havering

Killerwhales Gala Report

West Suffolk SC Level 2 Open Meet – Bury St Edmunds – 6th to 8th May 2011

Killerwhales sent a team of 35 swimmers over the county border into Suffolk at the weekend, and returned triumphant with **over 100 individual medals**. Battling hard against the other 24 clubs taking part, the 'Whales were a force to be reckoned with, and duly claimed the **“Overall Top Club”** trophy.

Team captain, **Lewis Clifford-Stephenson** dominated his 15yrs/over category, and with 9 gold medals and a silver to his name, he was never really in doubt for the **“Overall Top Male”** trophy. Lewis won his 50m, 100m and 200m Breaststroke races; his 50m and 100m Freestyle; the 50m and 100m Butterfly; the 100m Backstroke and the 200m Individual Medley. He was presented with the trophy at the end of the weekend's meet.

13yr old **Connor Kearns** bagged 11 medals at the meet, claiming 4 golds in the 50m, 100m & 200m Butterfly and the 200m Individual Medley; adding silvers in the 50m, 100m and 200m Freestyle, and the 200m Breaststroke; and bronze medals from the 400m Individual Medley, 50m Breaststroke and 200m Backstroke.

Danielle Rooke (14) hit the top spot 3 times, claiming gold in the 50m Freestyle, and the 50m and 200m Backstroke; adding silvers in the 100m and 200m Freestyle, 100m Backstroke, 50m Butterfly and 200m Individual Medley

Fast-improving **Daniel Robinson** (12) took 17 seconds off his previous 400m Freestyle time to claim gold, and added two more golds from the 50m and 200m Freestyle races (also in new best times), and bronze in the 50m Breaststroke.

Another 12 year-old claiming a hat-trick of gold medals was **Abbie Hill**, who swam to victory in the 50m and 200m Butterfly and 50m Backstroke, adding a bronze from the 100m Butterfly.

Amy Statham (15) won the 50m and 200m Breaststroke; added silver medals from the 100m Breaststroke, 200m Individual Medley and 50m Freestyle; and bronzes from the 50m Backstroke and 100m Freestyle events.

Zoe Kearns (10) won her 400m Individual Medley event, together with her 200 Butterfly race; she claimed silver in the 200m Individual Medley and 50m Breaststroke; adding a bronze from the the 50m Butterfly. Also hitting the top spot in the 400m Individual Medley, was 14yr old **Alex Merchan**, who went on to add another gold from his 50m Butterfly race; silver medals from his 100m Butterfly and 50m Freestyle, and bronze in the 200m Butterfly.

George Crow (16) and **Tom Webb** (17) also came away with a pair of gold medals each. George's strong Backstroke saw him to victory in the 50m and 200m distances, and into silver medal position in the 100m event. He also claimed silver in the 400m Freestyle as Tom claimed the first of his Gold medals, following up with another in the 200m Butterfly; Tom was third in 200m Freestyle, 100m Backstroke, and 50m Breaststroke.

Eight more Killerwhales tasted victory at the weekend. **Lisa Murphy** won the 12yrs' 200m Freestyle event, also silvers in the 100m and 400m Freestyle, and a bronze in the 50m Freestyle. **Matthew Alexander** (14) won the 50m Backstroke, and was second in the 200m Backstroke and 400m Individual Medley.

11yr old **Renae Dawes** took gold in the 50m Freestyle, silver in the 400m Freestyle and a bronze in the 50m Breaststroke. **Molly Sparks** continues to show signs of returning to form, winning both the 14yrs' 100 & 200m Backstroke with style, adding a silver from the 50m Backstroke and bronze in the 200m Individual Medley. In the 15yrs/over category, **Julia Braybrooke** claimed the 200m Butterfly gold, silver in the 100m Butterfly and bronze medals from the 200m Individual Medley and 200m Freestyle. **Harry Fox** (12) won the 200m Backstroke, was second in the 50m backstroke, and claimed a hat-trick of bronzes from the 400m Individual Medley, 50m Freestyle and 50m Butterfly. 13yr old **Ellie Davies** hit the top spot in the 100m Breaststroke, and even though a mix up with his entries, meant that 16yr old **Toby Andrews** swam in the 400m Individual Medley instead of the 400m Freestyle, it would seem that every cloud has a silver lining because he won the gold, later adding a silver from the 100m Freestyle.

Also competing for Killerwhales were:

Tobi Okeshola
Kieran Goodwin
Mitchell Keep
Claudia Stratford
Maisie Bates
Ellie Rouse
Chloe Cornhill
Nathan Grey

Congratulations to all the team...not just the medal winners, that goes without saying, but also those that improved their times during the weekend, some achieving new qualification times for the London Regional Championships.

Report By B. Rooke



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Final Medals Table for West Suffolk Open Meet April 2011

		GOLD	SILVER	BRONZE	4 th	5 th	6 th	Totals
Lewis C-Stephenson	17	9	1					10
Connor Kearns	13	4	4	3			1	12
Danielle Rooke	14	3	5				1	9
Daniel Robinson	12	3		1		2		6
Abbie Hill	12	3		1			4	8
Amy Statham	15	2	3	2		1		8
Zoe Kearns	10	2	2	1	1	1		7
Alex Merchan	14	2	2	1	1	1		7
George Crow	16	2	2		1	2	1	8
Tom Webb	17	2		3	1	1		7
Lisa Murphy	12	1	2	1	1			5
Matt Alexander	14	1	2			4		7
Renaë Dawes	11	1	1	1	2	2	2	9
Molly Sparks	14	2	1	1	1		1	6
Julia Braybrooke	24	1	1	2	1			5
Harry Fox	12	1	1	3				5
Toby Andrews	16	1	1			2	1	5
Ellie Davies	13	1					1	2
James Roome	15		2	1	3		3	9
Charlie Fox	13		1	1	1			3
David Bennett	16		1	1		1	2	5
Tom Clark	17		1		2			3
Tom Skingsley	16			2	1	2	1	6
Lucie Davies	10			2		3	1	6
Billy Fox	9			1	1	1		3
Jonathan Cox	12			1				1
Tobi Okeshola	12				2	1	3	6
Kieran Goodwin	13				2			2
Mitchell Keep	12				1		2	3
Claudia Stratford	13				1			1
Maisie Bates	11					1		1
Ellie Rouse	13					1		1
Chloe Cornhill	12						1	1
		40	33	29	23	26	25	177

“Well Done to ALL our swimmers”



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*West Suffolk Open Meet 2011
Overall Top Club - Killerwhales SC*

