



The Killerwhales Swim Club of Havering

Killerwhales Gala Report

Beacon Open Meet Crystal Palace 28/29th May 2011

The inaugural Level 1 Beacon Meet saw a small group of Killerwhales' swimmers join others from all over the country at Crystal Palace last weekend and brought to a close a very intense month of competition.

Team captain, **Lewis Clifford-Stephenson**, claimed a full set of medals in his haul of five from the weekend. Saturday morning saw him take the bronze medal in his first race of the weekend, the 200m Individual Medley, and another bronze in the afternoon session for in the 100m Freestyle before he struck gold in the 200m Breaststroke. Sunday saw 17yr old Lewis claim a third bronze in the 100m Breaststroke before completing the set with a silver in the very last race of the weekend, the Mens' 50m Freestyle.

Also hitting the top spot was 13yr old **Connor Kearns**, claiming the gold medal in his only race of the weekend, the 200m Individual Medley.

Danielle Rooke struck gold on her first attempt, winning the 100m Freestyle in the 14/15yrs age group in another new best time and narrowly missed out on a medal in the 200m Freestyle, finishing a close 4th, and had to settle for 5th in the 50m event despite improving her personal best times in both races. While in the 16yrs/over category, **Rebecca Green** also produced some fine Freestyle performances.

Saturday saw brothers, **Charlie and Harry Fox**, battling head to head in the 12/13yrs 100m Backstroke, where Harry claimed the first of his two silver medals of the weekend, the second coming from his 200m Backstroke race on Sunday morning. While fellow Backstroker, **George Crow** finished 4th in the 100m and 6th in the 200m events of the 16yrs/over category

Meanwhile, **Amy Statham** continues to improve, finishing 4th in the Ladies 16yrs/over 100m Breaststroke on Sunday morning.

KillerWhales Medal Table for Beacon Open Meet, May 2011

	GOLD	Silver	Bronze	4 th	5 th	6 th	Totals
Lewis Clifford-Stephenson	1	1	3				5
Danielle Rooke	1			1	1		3
Conner Kearns	1						1
Harry Fox		2					2
George Crow				1		1	2
Amy Stratham				1			1
	3	3	3	3	1	1	14

Well done to all our swimmers!